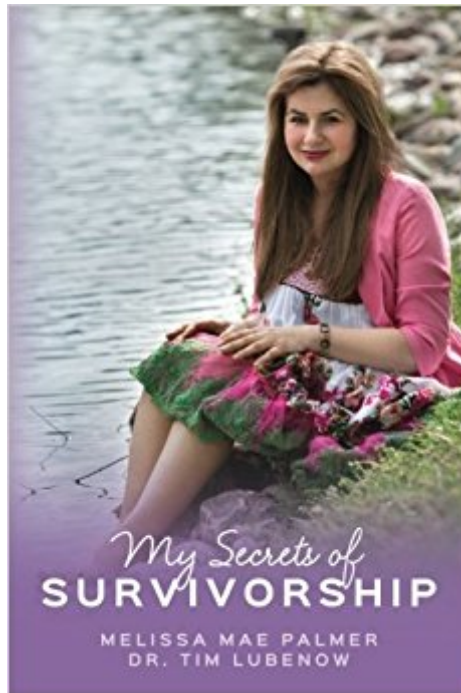




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# My Secrets Of Survivorship (Ultimate Survivorship) (Volume 1)



## Synopsis

From childhood on, Melissa Mae Palmer knew something was seriously wrong. But she downplayed her chronic weakness, fatigue, and pain until age thirty-six, when she was finally diagnosed with Pompe disease, a rare genetic disorder caused by an enzyme deficiency. Despite requiring biweekly hospitalizations to keep her alive, sheâ€™s built a life full of love and faith. Melissa explains how she found the strength to carry on when she was tempted to give in. Much credit goes to the doctors who support her and administer the treatment that extends her life. She and her physicians also suspect that divine intervention has helped her to thrive, even as sheâ€™s coped with breast cancer and a serious car accident. Melissa now devotes her life to God, motherhood, and philanthropy. The mother of five children of her own, she also offers guidance to children undergoing treatment for Pompe disease. Additionally, she makes gift baskets for terminally ill patients and care packages for service members. In her inspirational memoir, Melissa shares the invaluable lessons on love, divorce, disability, and survival sheâ€™s learned from her lifelong struggles. Coauthor Dr. Tim Lubenow provides helpful background information on the nature and treatment of Melissaâ€™s chronic pain.

## Book Information

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## Customer Reviews

Melissa Mae Palmer, a professional counselor and mother of five, is a breast cancer survivor living with Pompe disease. Every two weeks she undergoes enzyme replacement therapy to extend her

life. She volunteers her time to support children receiving this same treatment at Duke University. Melissa is the cofounder of Cancer Soul Survivors, a supportive organization for cancer patients, survivors, and caregivers at Good Shepherd Hospital in Barrington, Illinois. She is a top fundraiser for the American Cancer Society and has served as the Relay for Life queen of the Barrington chapter of the ACS. Coauthor Dr. Tim Lubenow advocates for patients with pain disorders. He is the medical director of the Pain Center at Rush University as well as an anesthesiology professor. An expert on complex regional pain syndrome and undiagnosed pain disorders, he often treats patients with spinal cord stimulators. He is married and has five children.

I read this book and was blown away by how the author Melissa Mae Palmer has been given a lot of obstacles in life but she keeps going forward with such a great positive, giving attitude. I particularly like the section where she shares her tips on survivorship. I like books that give me a road map that I can use to help me in my personal life. If you are someone that is going through a tough time in your life or dealing with the challenge of a medical disease then I would highly suggest this book to help give you some positive energy and inspire you on your own personal journey.

This was a wonderfully told story about a brave, insightful woman who tells her inspiring story in her own words. This memoir is a terrific read and I would highly recommend it to anyone. Thank you Melissa for telling your story.

Fantastic book! Can't imagine going through all of this. It was a great read and so glad I got this. Highly recommend!

Good job Melissa

Ok, this story is so very confusing that I had to stop reading it not even half way through. She leaves her husband in Arizona to head to Chicago with her family and 3 pages later she's talking about seeing her first doctor in arizona while her husband watched over their daughter, And it keeps getting more confusing, I quit. Good thing I didn't purchase but read it for free

Melissa Mae Palmer is the very definition of a survivor. She has endured much in her life, including several life-threatening diseases, yet she remains upbeat, positive and an inspiration to others. No matter what life has thrown her way, she always seems to make the most of it and focus her energy

into how to help others. This is the story of an unknown illness she has suffered from childhood on, and the diagnosis that eventually would shake up the medical field. She is a genetic mystery, but above all, she is just a woman trying to survive like the rest of us.

Amazing story of one woman's survival from a medical illness she didn't even know she had but knew something wasn't right. I enjoyed the twists and turns in the author's life because it showed her strength and endurance. We all have struggles, some more than others. I enjoy reading someone else's story because it can give you hope when you feel overwhelmed by your own struggles. I loved the book!

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